



## ***Drink This, All of You***

A word from the Bishop's Commission on Liturgy and Music  
March 11, 2022

As Episcopalians adapt to a world that includes COVID for the foreseeable future, gathering at the table to receive bread and wine made holy remains a source of strength and inspiration, as it has from the earliest days of the Church.

We gather at the Holy Table at which Christ is host. Though the prayer book directions note: "Opportunity is always to be given to every communicant to receive the consecrated Bread and Wine separately," and that "the Sacrament may be received in both kinds simultaneously," receiving Communion in one kind only – as we have done recently during the pandemic – has precedent at other times in our history, whether out of convenience or necessity.

While receiving in one kind only (the consecrated Bread) continues to be an option in the Diocese of Los Angeles, effective on Palm Sunday (April 10, 2022), Bishop Taylor, acting on our recommendation, has approved the option of returning to the prayer book-preferred option of receiving both the consecrated Bread and Wine – which can be done in any of the following ways, in no particular order of preference, as our missions and parishes may deem best:

**Option One:** After the Breaking of the Bread, using the flagon of consecrated wine to fill small, individual chalices (cups) and distributing them to the people in the manner customary for the parish (by lay persons, deacons, or priests).

**Option Two:** After the Breaking of the Bread, using the flagon of consecrated wine to fill small, household (individual or family) chalices (cups), brought forward by individuals or family groups (filled by lay persons, deacons, or priests as is customary for the distribution for the parish).

**Option Three:** Having the communion minister intinct the wafer and place it in the communicant's hand.

**Option Four:** Receiving directly from a common chalice with a non-porous surface (silver or similar metal), assuming a wine with a high alcohol content (such as typical communion port wines) and carefully wiping and turning the chalice between communicants.

**NOTE:** *Intinction by the communicant in the common chalice is strongly discouraged. Public health guidelines indicate that it actually increases the risk for infection spread because fingertips (which could dip into the wine during the procedure) may be more contaminated than saliva and are more likely to harbor pathogens.*

Yours in Christ,

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for the Bishop's Commission on Liturgy and Music

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